## Shotokan Karate-Do Demonstration at Victoria Institution (College) on 29th August, 2022

On 29th August, 2022 Victoria Institution (College) in collaboration with IQAC, has organized a Shotokan Karate-Do Demonstration in the College Premises. Shihan Utpal Chakraborty, Black Belt 7th Dan of Kolkata, Chief Representative and Chief Instructor of Shotokan Karate Federation of India of West Bengal, has been invited to introduce Karate training programme and to start regular Karate-Do classes in our esteemed Institute campus.

Karate-Do is a Japanese Martial Art developed by Gichin Funakoshi as a synthesis of his martial studies, philosophy and beliefs.

Karate-Do is often translated as "the way of empty hand" or as "the way of harmonious spirit".

SKFI is one of the pioneer Karate-Do organisations in India, spreading the teachings of Gichin Funakoshi of Japan in Kolkata since 1990.

Both the students and teachers were very much exited and there was a houseful response to welcome the newly introduced programme on martial arts and to teach students the art of self-defence and increase in their overall motivational power.





















