## Self-Defense Karate Do at Victoria Institution (College), 29.08.2022 onwards

## Instructor: Shihan Utpal Chakraborty (7th Dan, Blackbelt)

It is a constant endeavor on the part of Victoria Institution (College) to build a complete woman who is not only academically sound but physically strong and confident. Keeping this objective in view the institution has started a self-defense course for its students. Under the leadership of faculty members Smt. Madhulina Das and Dr. Anuva Samanta, a self-defense course in the form of karate class has commenced in the college premise itself.

Karate Classes are going on: Monday and Wednesday 9:00 to 10:30am (for day section students) 11:15 am to 12:30 pm (for morning section students).







**Karate Team with their Instructor**)



## ADD ON KARATE COURSE FOR THE STUDENTS OF VICTORIA INSTITUTION (COLLEGE)



