

**BEST PRACTICES IMPLEMENTED IN**  
**VICTORIA INSTITUTION (COLLEGE): 2018-2019**

**BEST PRACTICE :1**

**TITLE:** Activities like Extension Lectures and Field Projects to impart knowledge and supplement the understanding of Teaching –Learning process

**Objective:** Victoria Institution (College) is one of the pioneer colleges in keeping the vision of “Women Empowerment through Higher Education”.

**Context:** Keeping with this essence, the college organizes various field projects, seminars to make the participants gaining expert knowledge, improving communication skills, networking and renewing motivation and confidence. To provide extensive thorough exposure to a topic through presentations and discussions led by the experts **Depts. of Physics, Economics, Zoology, Political Science, Sanskrit, Philosophy, Geography, Mathematics and English** had organized either Seminars/ or Extension lectures. Faculties of Science and Arts departments arranged a good number of field projects pertaining to their syllabus so as to gain practical knowledge on the topics by their students.

**Practice: Extension Lectures**

A. Dept. of Physics: Organized a workshop, Title: Lecture and demonstration of innovative experiment for UG students by “ANURANON SCIENCE SOCIETY” on 11/10/2018.

B. Dept. of Economics: Organised an Extension lecture on “Dialogue circle: A Model for Community Integration and Development” on 10/10/2019.

C. Dept. of Zoology: Organized a Seminar, Title:”Biodiversity in context with Man-Animal conflict” on 24/04/2019.

D. Dept. of Political Science: Organized a series of 6 Extension Lectures, spanned across the honours syllabus of Political Science. Beginning in December 2018 and ending in March 2019.

E. Dept. of Sanskrit: Organized two Extension Lectures. On Title: “Vedic Literature” on 08/09/2018 and another, Title:”General introduction to vyakarana and sahitya sastra” on 20/09/2018.

F. Dept. of Philosophy: Organized an Extension Lecture, Title: “Kanian Philosophy” on 29/03/2019.

G. Dept. of Geography: Organized an Extension Lecture, Title: “Cyber Space” on 11/05/2019.

H. Dept. of Mathematics: Organized an Extension Lecture, Title: “Cryptography in real life” on 30/03/2019.

### **Field Projects:-**

A. Physio-Cultural Survey of different regions of Sikkim and its surroundings by Dept of Geography in the months of October 2018 & April 2019.

B. An educational tour to Chandraketugarh (formerly an important coastal hub in international trade) archaeological site, museum and Berachapa Zamindar house by Dept of History on 1<sup>st</sup> February 2019.

C. Field visit to Ashutosh Museum of Indian Art, University of Calcutta by Dept of Sanskrit on 1<sup>st</sup> February 2019.

D. Study tour at Variable Energy Cyclotron Centre by Dept of Physics on 7<sup>th</sup> January 2019.

E. A short trip to Ramkrishna Mission Swami Vivekananda’s Ancestral House and Cultural Centre, Kolkata by Philosophy Dept on 4<sup>th</sup> September 2018.

F. Field trip to Chintamani Kar Bird Sanctuary by Zoology dept on 25<sup>th</sup> january 2019.

G. Environmental awareness project on Comparative study of Avifauna in College campus & Saltlake Central Biodiversity Park by Zoology dept on 6<sup>th</sup>, 14<sup>th</sup> & 15<sup>th</sup> February 2019.

H. Health related survey projects on Common health problems around Rajabazar by Zoology dept during August 2019- January 2019.

I. Visit to Alipur Zoo Garden for study of Zoo animals by Zoology Dept on 17<sup>th</sup> January 2019.

J. An educational tour to visit the museum in the house of Raja Rammohon Roy by Bengali dept. On 16<sup>th</sup> March 2019.

K. Field visit for study on community structure, local flora & Phytogeographical study of different regions at Rishop, Kalimpong by Botany dept from 24<sup>th</sup> September to 1<sup>st</sup> October 2018.

L. Field visit for study on community structure, local flora & Phytogeographical study of different regions at Lamahatta, Darjeeling by Botany dept from 4<sup>th</sup> to 7<sup>th</sup> April 2019.

M. Department of Mathematics arranged a study tour at Birla Institute of Technological Museum, Kolkata on 25<sup>th</sup> August 2018.

**Evidence of success:** The **Field projects** and **Seminars/Workshop/ Extension Lectures** provide powerful strategies and skill that are implemented into the the system of learning process, degree of health, safety and well being of students. Additionally, these plays a key role to make the students as well as teachers up to date with the finer nuances of the discipline along with invoking interdisciplinary temper and makes the students and teachers a better listener where ideas are cleared.

**Problems encountered and future plan:** Financial assistance in this regard is the limited budget as currently UGC is not providing monetary help. So, there is a financial constraint at present. More, interdisciplinary Projects, Seminars and Workshops in National level is our motto.

## **BEST PRACTICE : 2**

### **Title: NCC & Students' Active Participation in National and International Competitions**

**Objective:** NCC since 1988, have stood the test of time and continue to fulfill the demands expected of it in the current socio-economic scenario of the country. NCC aims at character building, secularism, comradeship, discipline, ideals of selfless service among the young students and ignites the spirit of adventure.

The general students of Victoria Institution (College) are also very interested to explore new hobbies and passion apart from a good track record in academics. They took part in national and international competitions of different fields and achieved awards also.

**Context:** A Youth Organization whose motto is Unity and Discipline and step out in every different issues and crisis. Extracurricular activities are the focal point for students in colleges.

### **The Practice**

A. National Youth Day (12<sup>th</sup> January): 22(B) BN NCC: 10 Cadets joined from the college.

B. World No Tobacco Day (31<sup>st</sup> May): 33(B) BN NCC: 6 Cadets joined from the college.

C. World Environment Day (5<sup>th</sup> June): All Units: 15 Cadets joined from the college.

D. International Yoga Day (21<sup>st</sup> June): All units: 30 cadets joined from the college.

E. World AIDS Day (1<sup>st</sup> December): 41 (B) BN NCC : 10 Cadets joined from the college.

F. Swachh Bharat Abhiyan: (Every month) (All units): 30 cadets joined from the college.



G. Regular cleaning of the college campus, NRS Hospital, APC Road were done.

H. Wall painting was done as a part of Swachh Bharat Abhiyan.

I. Students participated in National and International competitions in sports and cultural activities.

**Evidence of Success:** NCC PIs are constantly imparting training to the girl cadets. For the academic year 2018-19, 107 cadets from our college had served. 10 cadets have got B certificates among which 2 got Alpha distinction. Many have appeared for the C certificate examinations.

Few students achieved awards in State, National & International levels in Co-curricular and Extra-curricular competitions.

**Problems Encountered and Resources Required:** In preparing the students to join the NCC, motivating them to take up the rigors of this corps for the good of the society and themselves is one of the major challenges. The prime limitation for NCC is its budget having financial constraint. Structurally NCC is an elaborate system and needs to be handled accordingly. Maintenance of records, registers stock and other official documents with such minimum infrastructure becomes difficult. Limited supply of uniform of proper size along with proper shoe is also a challenge faced by our cadets. Economically backward cadets cannot afford these expenses fairly enough and met with great difficulty.

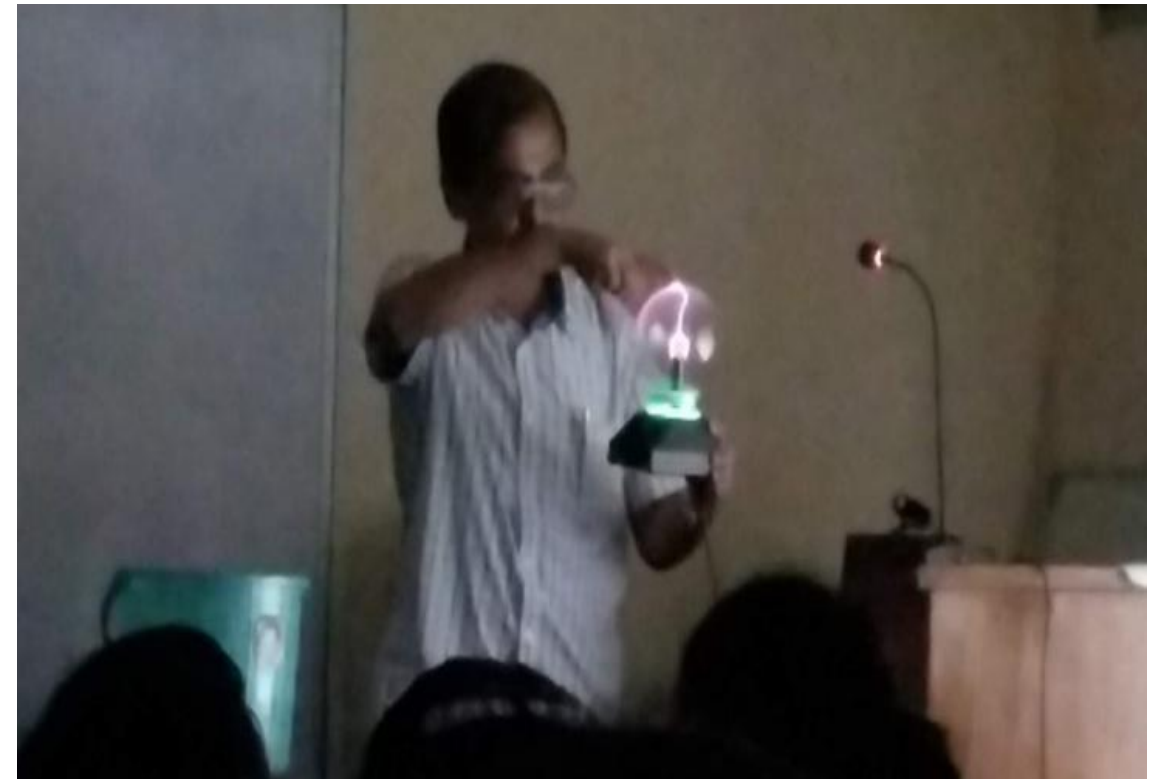
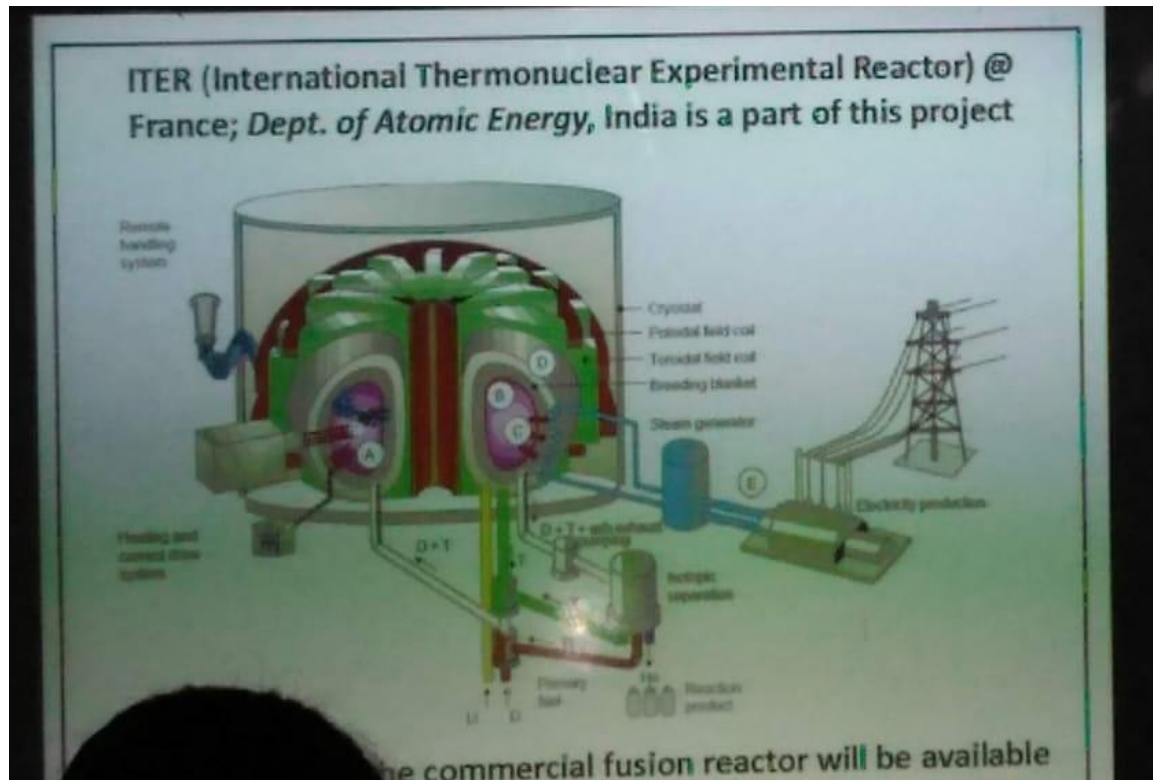
Motivating most of the students to participate in sports and cultural activities is also a great task of college.

## A day long Science Awareness Programme

Lectures delivered by a non-profit Organization ANURANAN  
Science Awareness Society

DEPARTMENT OF PHYSICS

11/10/2018



**DEPARTMENT OF PHYSICS**  
**Study Tour**  
**At**  
**Variable Energy Cyclotron Centre**  
**On**  
**07/01/2019**





## DEPARTMENT OF HISTORY

An educational tour  
To  
Chandraketugarh  
Archaeological site,  
Museum and  
Berachapa Zamindar  
House

1<sup>st</sup> February 2019





DEPARTMENT OF SANSKRIT  
Extension Lecture  
on  
Vedic Literature  
08/09/2018



# DEPARTMENT OF SANSKRIT

Extension lecture

on

“General Introduction to Vyakaran

and

Sahitya- Sastra”

20/09/2018





**DEPARTMENT OF SANSKRIT**  
**An Educational Visit**  
**At**  
**Ashutosh Museum of Indian Art, University of Calcutta**  
**01/02/2019**





# DEPARTMENT OF GEOGRAPHY

**Special Lecture**  
**on**  
**“Cyber space”**  
**11/05/2019**



# DEPARTMENT OF GEOGRAPHY

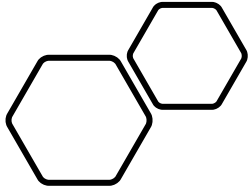


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**Physio-Cultural  
Survey of  
Rincenpong,  
West Sikkim and  
its Surroundings**

**2nd October to  
10th October  
2018**





# DEPARTMENT OF GEOGRAPHY

## Physio-Cultural Survey of Pedong in Sikkim and its Surroundings

7th April to 14th  
April 2019







**DEPARTMENT OF POLITICAL SCIENCE**  
**In Collaboration**  
**with**

**The Indian Council of Social Science Research – Eastern Regional  
 Centre, Kolkata**

**4<sup>th</sup> Series of Extension Lectures**  
**December 2018 - March 2019**



# DEPARTMENT OF ECONOMICS

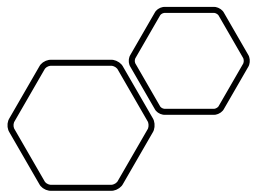
## Extension Lecture

on

“ Dialogue circle : a Model for community Integration and Development”

10/10/2019





**DEPARTMENT  
OF  
PHILOSOPHY**  
Extension Lecture  
on  
“Immanuel Kant:  
Synthetic Aprion”  
27/03/2019





# DEPARTMENT OF PHILOSOPHY

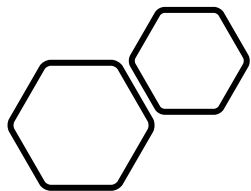
A short trip  
to

Ramkrishna Mission  
Swami Vivekananda's  
Ancestral House and  
Cultural Centre, Kolkata

04/09/2018







# DEPARTMENT OF BENGALI

An educational visit

At

The museum

In

The house of Raja  
Rammohun Roy

16th March 2019





**DEPARTMENT OF ZOOLOGY**  
Seminar  
on  
**“BIODIVERSITY: IN CONTEXT WITH MAN-ANIMAL CONFLICT”**

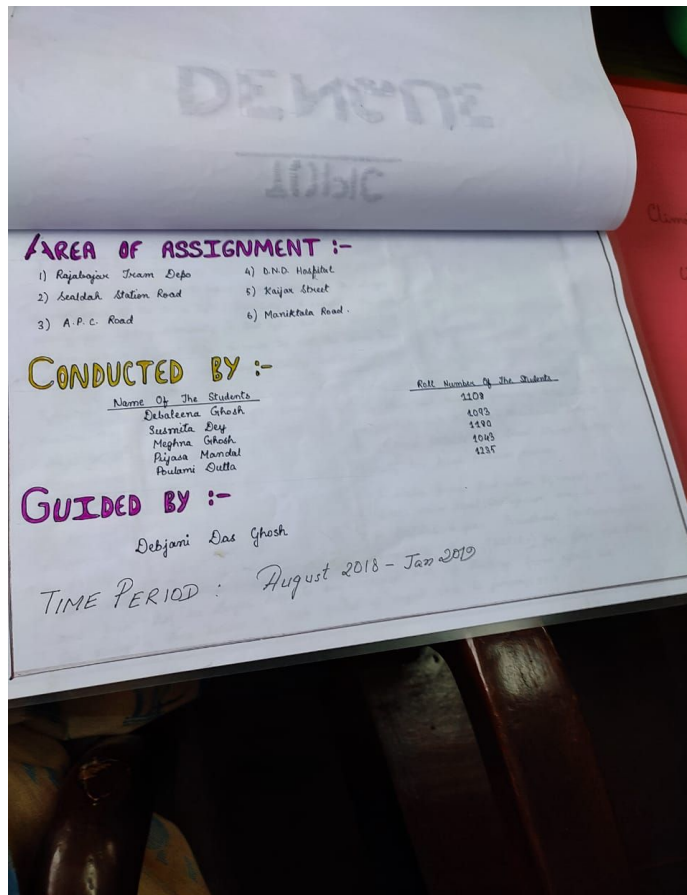
**24.04.2019**





# DEPARTMENT OF ZOOLOGY

## Health Related Survey Project on Common health problems around Rajabazar August 2018- January 2019



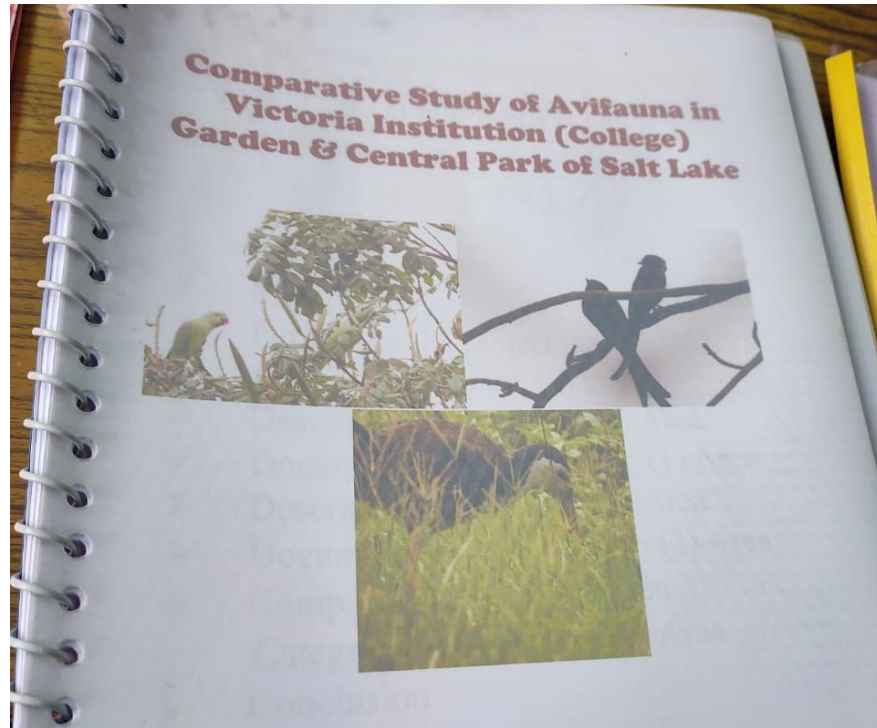
# DEPARTMENT OF ZOOLOGY

Environmental awareness project

In

College campus and Saltlake Bio diversity park

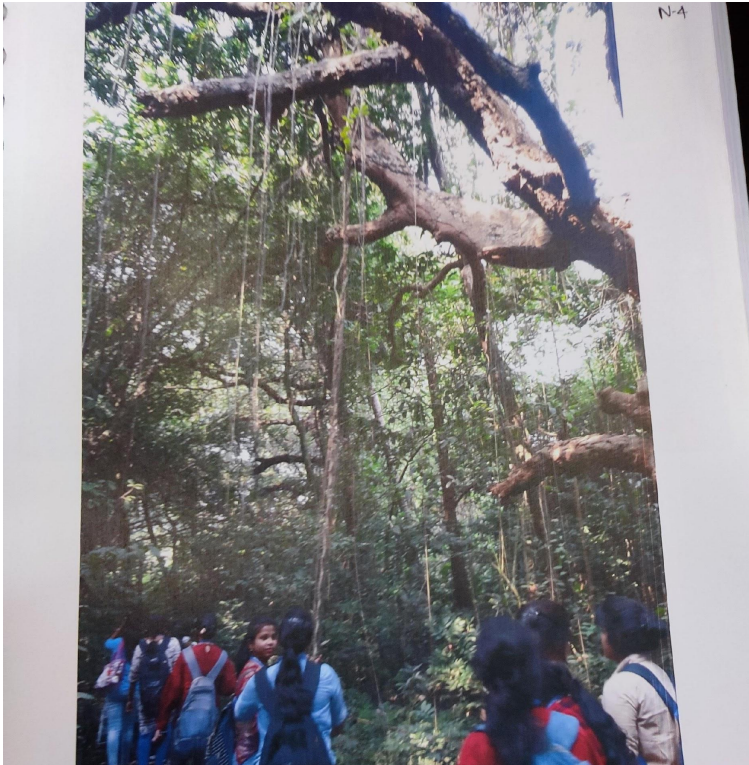
6/2/2019, 14/2/2019, 15/2/2019





# DEPARTMENT OF ZOOLOGY

## Field trip To Chintamani Kar Bird Sanctuary 25/01/2019





# DEPARTMENT OF ZOOLOGY

Study Tour

At

Zoological  
Garden, Alipore,  
Kolkata

17/01/2019

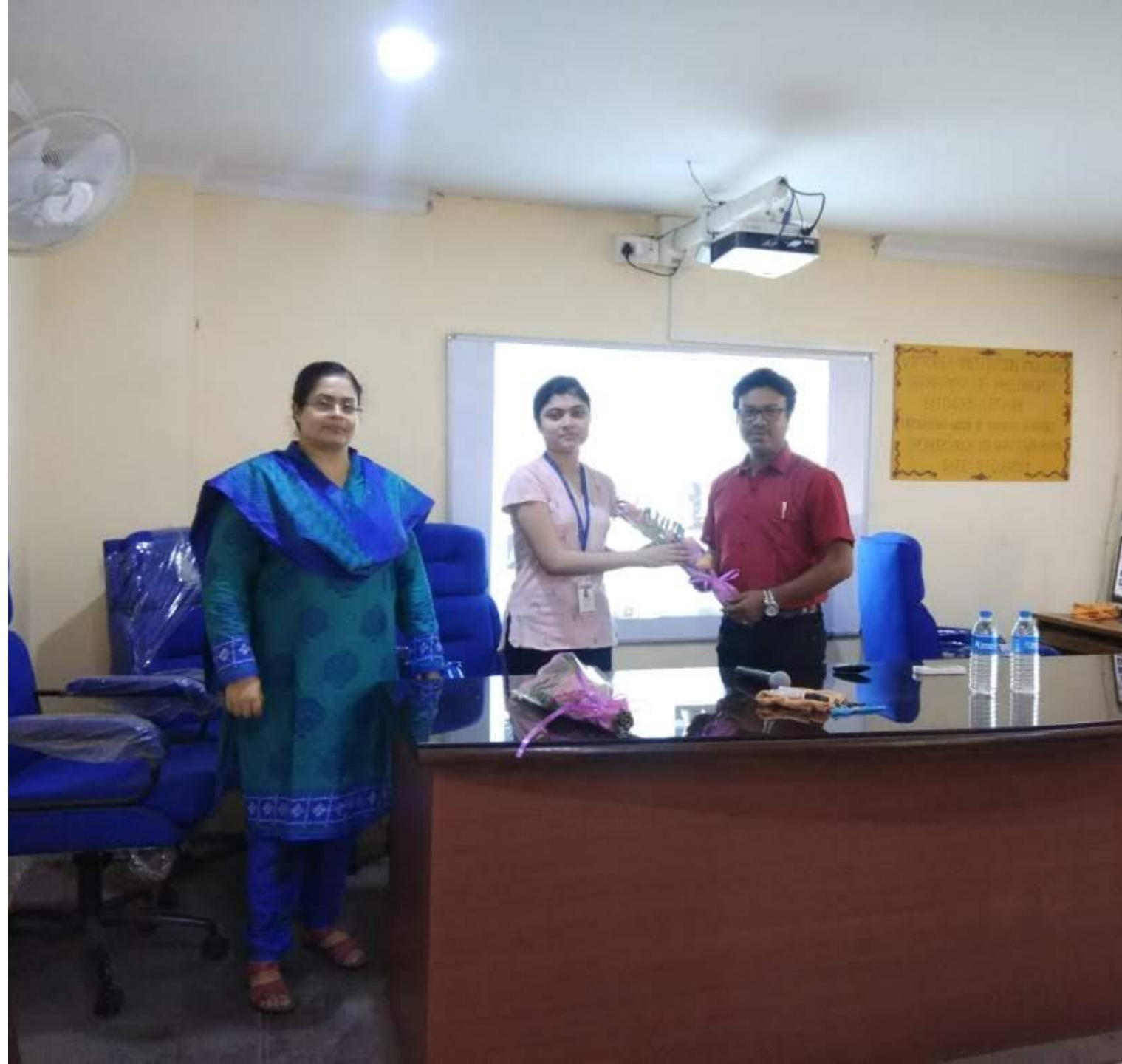


# DEPARTMENT OF MATHEMMATICS

Extension Lecture  
on

Internet and  
Mathematics

30/03/2019





# DEPARTMENT OF BOTANY



Field visit for study

On

Community structure, Local flora & Phytogeographical  
study of different regions at Lamahatta, Darjeeling

04/04/2019-07/04/2019





# DEPARTMENT OF BOTANY

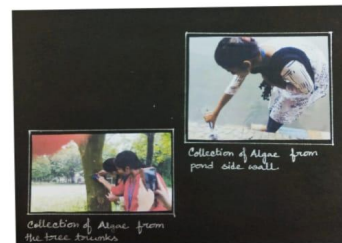
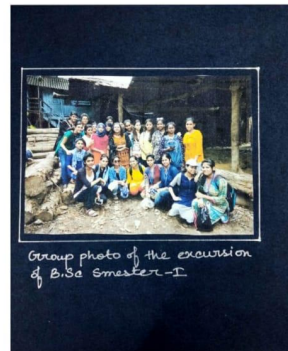
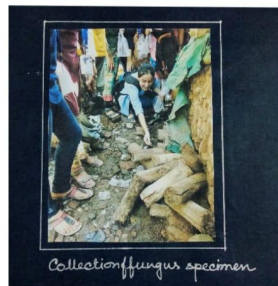
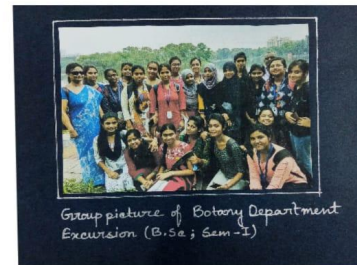
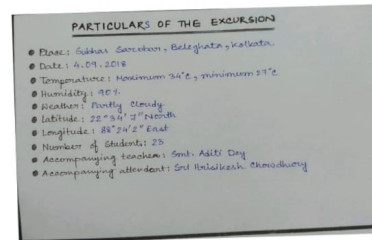
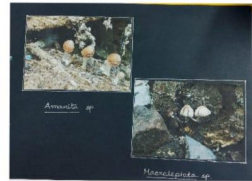
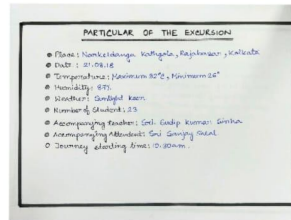
Long Excursion to Silk Route  
For  
Study on Community  
structure, Local flora &  
Phytogeographical study  
24/9/2018 - 1/10/2018





# DEPARTMENT OF BOTANY

## Local Field Trips To Study on Community structure, Local Flora & Phytogeography In & Around Kolkata During 2018-19

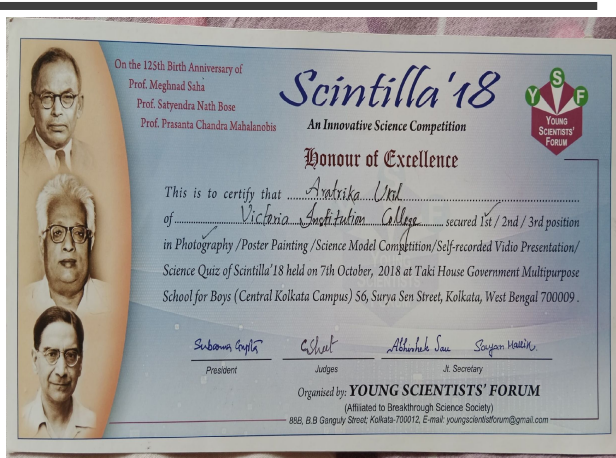
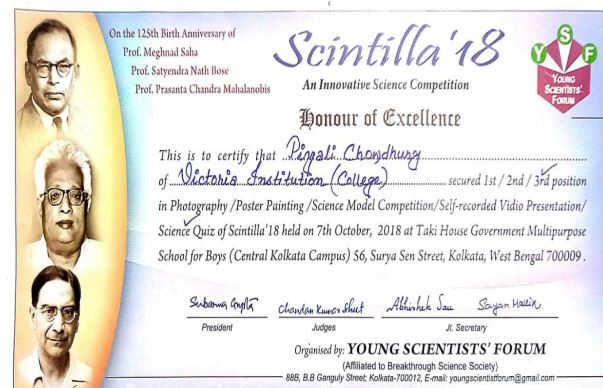






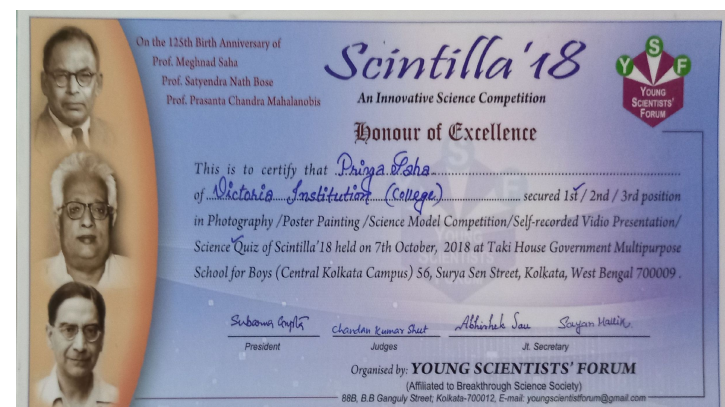
**DEPARTMENT OF MATHEMATICS**  
**Visit**  
**To**  
**BITM Science Galleries**  
**25/08/2018**





# STUDENTS' ACHIEVEMENTS

## Special Awards In Cocurricular Activities





# STUDENTS' ACHIEVEMENTS STATE, NATIONAL & INTERNATIONAL AWARDS In Extra-curricular Activities

**ASIAN YOGA FEDERATION**  
Regd. under the Societies Registration Act-XXI of 1860, Regd No. 4577  
OFFICE: Flat No.501, GHS-93, SECTOR-20, PANCHKULA- 134116 (HARYANA)- INDIA  
E-mail: yflashok2000@yahoo.co.in  
www.asianyogafederation.com

**The 8th Asian Yoga Sports Championship 2018**  
Organised By **YOGA FEDERATION OF INDIA**  
Hosted by **YOGA ASSOCIATION OF KERALA**  
27th to 30th September, 2018, Jimmy George Indoor Stadium  
Thiruvananthapuram (Kerala) India

**MERIT CERTIFICATE**

Name Dayeta Sarkar  
Country India  
Event Yogasana / Shikha / Shikha Poo / Bhujangha / Surya Namaskar / Pranayama / Yoga Competition  
Age Group Senior Group 'A' (17-21 years) Female  
Position Second

SIGNATURE OF CANDIDATE  
No. AYF / 64 / 2018

Adv. B. BALACHANDRAN  
PRESIDENT  
YOGA ASSOCIATION OF KERALA

INDU AGGARWAL  
DIRECTOR COMPETITION  
ASIAN YOGA FEDERATION

PROF. PRABIR KARMAKAR  
SECRETARY GENERAL  
ASIAN YOGA FEDERATION

ASHOK KUMAR AGGARWAL  
PRESIDENT  
ASIAN YOGA FEDERATION

**ASIAN YOGA FEDERATION**  
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OFFICE: Flat No.501, GHS-93, SECTOR-20, PANCHKULA- 134116 (HARYANA)- INDIA  
E-mail: yflashok2000@yahoo.co.in  
www.asianyogafederation.com

**The 8th Asian Yoga Sports Championship 2018**  
Organised By **YOGA FEDERATION OF INDIA**  
Hosted by **YOGA ASSOCIATION OF KERALA**  
27th to 30th September, 2018, Jimmy George Indoor Stadium  
Thiruvananthapuram (Kerala) India

**MERIT CERTIFICATE**

Name Dayeta Sarkar  
Country India  
Event Yogasana / Shikha / Shikha Poo / Bhujangha / Surya Namaskar / Pranayama / Yoga Competition  
Age Group Senior Group 'A' (17-21 years) Female  
Position Second

SIGNATURE OF CANDIDATE  
Sr. No. AYF / 64 / 2018

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ASIAN YOGA FEDERATION

PROF. PRABIR KARMAKAR  
SECRETARY GENERAL  
ASIAN YOGA FEDERATION

ASHOK KUMAR AGGARWAL  
PRESIDENT  
ASIAN YOGA FEDERATION

**SUB-JUNIOR, JUNIOR & SENIOR ALL W.B. STATE KICKBOXING CHAMPIONSHIP-2018**  
Date : 22nd-23rd December, 2018

Light Contact / Kick Light / Full Contact  
HOSTED BY: LIONS ACADEMY OF MARTIAL ARTS  
SANCTIONED BY: ALL BENGAL KICKBOXING ASSOCIATION  
MEMBER : NATIONAL KICKBOXING FEDERATION N.G.

**MERIT CERTIFICATE**

Anjali Barman of Kolkata Dist./Unit/Club  
participated in ALL WB STATE KICKBOXING CHAMPIONSHIP Sub Junior,  
Junior & Senior, 2018 at Thakurpukur Vivekananda College.  
22nd-23rd 2018 in Light Cont. Event, Senior Category  
Male / Female Male 65 kg Weight and won Silver Medal.

Naushad Alam  
General Secretary  
A.B.K.A.

Tarun Sarkar  
President  
A.B.K.A.

Dibakar Seal  
Organising Secretary

Indrajit Bhattacharjee  
Chairman of Borough - 16  
Chief Guest

**YOGA FEDERATION OF INDIA**  
Regd. under the Societies Registration Act XXI of 1860, Regd. No. 1795, Dated 14-02-90  
REGD. OFFICE: FLAT NO.501, GHS-93, SECTOR-20, PANCHKULA- 134116 (HARYANA)- INDIA  
E-mail: yflashok2000@yahoo.co.in  
www.yogafederationofindia.com

**The 43rd National Yoga Sports Championship 2018-19 Punjab**  
ORGANISED BY **PUNJAB YOGA ASSOCIATION**  
18th to 22nd November, 2018,  
Major Tejinder Pal Singh Sohal, Multipurpose Gymnasium Hall, Patiala (Punjab)

**MERIT CERTIFICATE**

Name Dayeta Sarkar  
Unit West Bengal  
Event Yogasana / Shikha / Shikha Poo / Bhujangha / Surya Namaskar / Pranayama / Yoga Competition  
Age Group Senior Gr. (17-35 yrs)  
Position Second

SIGNATURE OF CANDIDATE

Dr. C.K. MISHRA  
GENERAL SECRETARY  
PUNJAB YOGA ASSOCIATION

S.S. GILL, IAS (Retd.)  
PRESIDENT  
PUNJAB YOGA ASSOCIATION

RAMAN KUMAR  
ORGANISING SECRETARY  
YOGA FEDERATION OF INDIA

INDU AGGARWAL  
DIRECTOR COMPETITION  
SR. VICE PRESIDENT, Y.F.I.

SANJAY JHA  
SECRETARY GENERAL  
YOGA FEDERATION OF INDIA

ASHOK KUMAR AGGARWAL  
PRESIDENT  
YOGA FEDERATION OF INDIA