

Innovative Eco-Friendly Initiative by NSS Volunteers

Our NSS Volunteers have embarked on an impactful Anti-Plastic Campaign as a pivotal component of their community development endeavours. We are delighted to announce the creation of bags crafted from repurposed old curtains, generously donated by our esteemed colleagues. Gratitude is extended to our Principal Madam Dr. Maitreyi Ray Kanjilal for her unwavering support. We extend our thanks to Dr. Dipanwita Paul Ghosh for pioneering this initiative. Thanks Dr. Parnashabari Bhattacharyya, Smt. Nandini Ghosh and Dr. Uma Ray Srinivasan for their support. This venture is a collaborative effort with CGC Sahara, a self-help group from Calcutta Girls' College comprising young female students aimed at achieving two primary objectives:

- 1) Spearheading the Anti-Plastic Campaign
- 2) Fostering self-employment opportunities, particularly for the members of CGC Sahara. Heartfelt appreciation goes out to our colleagues for their invaluable assistance in this endeavour.



NSS volunteers participating in the Anti-plastic Campaign



Eye Care Initiative: NSS and IQAC Collaboration with Susrut Eye Foundation

On April 19, 2024, the NSS Unit and IQAC of Victoria Institution (College) organized a Comprehensive Eye Testing Camp in collaboration with Susrut Eye Foundation and Research Centre. This initiative was part of our Institutional Social Outreach Programme and also saw the active participation of students from Victoria Institution (School). The camp aimed to provide essential eye care and screening services to the community.

We extend our heartfelt thanks to Principal Dr. Maitreyi Ray Kanjilal for her unwavering support and for facilitating the program. Our gratitude also goes to IQAC Coordinator Dr. Sumallya Karmakar for his cooperation and presence during the event. We deeply appreciate the active participation and support of all our dear colleagues, non-teaching staff, and students, whose collective effort was crucial in making the camp a success. This initiative reflects our ongoing commitment to social responsibility and community welfare.



Victoria's NSS and IQAC unite for a successful eye health camp.



Social Responsibility Initiative: NSS Volunteers' Contribution

On April 29, 2024, NSS volunteers from our college distributed ORS and coconut water to Traffic Civic Volunteers as part of our social responsibility outreach. This initiative aimed to support and acknowledge the efforts of these volunteers in managing traffic. We express our gratitude to Principal Dr. Maitreyi Ray Kanjilal for her invaluable guidance and encouragement, and to IQAC Coordinator Dr. Sumallya Karmakar for his cooperation. Our heartfelt thanks also go to all our colleagues for their generous support, which was instrumental in the success of this community service activity.



NSS volunteers providing hydration to CIVIC volunteers



Two-Day Dengue Awareness Program by NSS at Victoria Institution (College)

The NSS unit of Victoria Institution (College) organized a two-day Dengue awareness program on May 13th and 14th, 2024, on the college campus. On the first day, NSS volunteers conducted a cleanliness drive by dispersing bleaching powder across the college premises to prevent mosquito breeding. The second day focused on an anti-Dengue campaign aimed at educating students, teachers, non-teaching staff, and canteen workers. Volunteers used poster presentations to raise awareness about Dengue prevention and control measures. This initiative highlighted the importance of cleanliness and proactive measures in combating Dengue, reflecting the NSS's commitment to community health and well-being.



NSS volunteers spreading awareness to combat Dengue



Cultural Commemoration of Tagore's 164th Birth Anniversary

To commemorate the 164th Birth Anniversary of Rabindranath Tagore, our NSS Volunteers organized a cultural celebration on 15th May 2024 at Victoria Institution (College). The event paid tribute to Tagore's enduring legacy and timeless values, highlighting his contributions to literature, music, and art. The program featured recitations of his poetry, performances of his songs, and presentations on his philosophical and social ideals. Through this celebration, volunteers and participants alike were reminded of Tagore's profound influence on Indian culture and the world. The event was a heartfelt homage to a visionary whose work continues to inspire and uplift generations.



NSS volunteers remembering and celebrating Tagore's legacy



World Environment Day Celebration 2024

On June 5, 2024, the NSS, in collaboration with the Department of Botany and IQAC, celebrated World Environment Day with a series of activities aimed at promoting environmental awareness. The event commenced with a workshop on soil preparation, highlighting the use and role of fertilizers and biofertilizers. Participants then applied liquid fertilizers obtained from previous composting efforts. A sapling plantation drive followed, emphasizing the importance of future care. NSS volunteers also engaged in painting and decorating planters, adding a creative touch to the event. The celebration successfully fostered community engagement and underscored the significance of sustainable practices.



NSS volunteers planting saplings on World Environment Day



NSS Volunteers Enhance Skills at Gatekeepers Training Program

On 14th June 2024, our NSS volunteers participated in the "Gatekeepers Training" program organized by Students Health Home. This initiative aimed to equip participants with essential skills for mental health awareness and crisis intervention. Our volunteers actively engaged in the sessions, gaining valuable insights and techniques to support peers in distress. We commend their commitment to fostering a supportive and safe community environment through this training.



NSS volunteers participating in "Gatekeepers Training"



NSS Volunteers Lead Blood Donation Drive

On 14th June 2024, two dedicated NSS volunteers, Saraj and Farida, generously donated blood at Swasthya Bhavan. Their selfless act of service underscores the commitment of our NSS unit to community welfare. We extend our heartfelt gratitude to our Principal Madam for her unwavering encouragement and to our IQAC Coordinator for his invaluable cooperation. As the Program Officer of the NSS unit, I am deeply grateful to Saraj and Farida for their active participation. Special thanks to Mousumi and all our dear colleagues for their continued support and cooperation, which make such initiatives possible.



NSS volunteers participating in Blood Donation Drive



Embracing Wellness: A Week of Yoga and Empowerment

The NSS Unit of Victoria Institution (College) organized a successful Yoga Week from June 15 to June 20, 2024. The event commenced with individual yoga practice at home on June 15. On June 16, students practiced yoga with their family members, fostering community wellness. Yoga continued at home on June 18. A yoga demonstration was held at Keshub Hall on June 19, showcasing various asanas and techniques. The week concluded with a group yoga practice at Keshub Hall on June 20. On the final day, a seminar on "Yoga and Women Empowerment" and a yoga workshop enriched participants' understanding and skills.



NSS volunteers practicing and demonstrating Yoga



Raising Awareness: NSS Observes International Anti-Drug Day

On 28th June 2024, volunteers from the NSS Unit at Victoria Institution (College) actively participated in an awareness campaign to mark the International Day Against Drug Abuse and Illicit Trafficking. In collaboration with CINI, the event began with a pledge to combat drug abuse. Volunteers prepared informative posters highlighting the dangers of drugs. They also engaged with CINI members to identify target groups for intervention. The volunteers interacted with boys and girls aged 10-19 years, aiming to raise awareness and educate them about the risks associated with drug abuse. This initiative underscored the commitment of our volunteers to fostering a drug-free community.



NSS volunteers join hands with CINI to spread Anti-Drug awareness

