

## LESSON PLAN 2019-2020 (for SEM-III, IV & PART-III)

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DESIGNATION- STATE AIDED COLLEGE TEACHER (SACT- CATEGORY 1)

### SEMESTER- III

Semester	Programme	Course and the Name of Paper	Topic	Teacher	No.Of hours
SEM III (2 <sup>ND</sup> YEAR)	Hons	CC5 (Theory)	<b>Unit 1: Understanding Psyche:</b> Western Perspective. Emergence of modern psychology: Questions from Western view; Debates : Free Will and Determinism, Empiricism and Rationality	PG	7
			<b>Unit 2: Positivist Orientation:</b> Neo-behaviouristic traditions (Skinner)	PG	4
			<b>Unit 3: Analytic Debates:</b> Clinical Vs Phenomenological, Freudian Psychoanalysis, Developments of Third Force: Humanistic and Existential	PG	6
			<b>Unit 4:</b> Contemporary Developments: Psychology of Gender	PG	12
		CC5 (Practical)	2.Indian Gender Role Identity Scale- Basu, J. (2010). Development of The Indian Gender Role Identity Scale (IGRIS). Psychometric Properties and Application. Journal of Indian Academy of Applied Psychology, 36, 25-34.	PG	4
		CC6 (Theory)	<b>Unit 2: Sampling:</b> Probability & Non probability sampling methods	PG	14
			<b>Unit 3: Methods of Data Collection:</b> Case study, Observation, Interview & Focus group discussion	PG	6

**SEMESTER- IV**

Semester	Programme	Course and the Name of Paper	Topic	Teacher	No. Of hours
SEM-IV 2 <sup>ND</sup> YEAR	HONS	CC-8 (Theory)	<b>Unit 2: Clinical Picture and etiology of Disorders I:</b> Anxiety disorders (any 2 disorders);- Generalized Anxiety Disorder and Obsessive Compulsive Disorder Somatoform disorders – Hypochondriasis and Conversion disorders	PG	12
			<b>Unit 4 : A).</b> Clinical Picture and etiology: Schizophrenia	PG	6
		CC-10(Practical)	1. Likert Scale Construction on Environment  2. Diversity to be measured in terms of Ethnic Prejudice by Bogardus's Social Distance Scale (Revision of Goode and Hatt)	PG	6+4
		SEC-A-01 (Theory)	<b>Unit 1: Introduction-</b> What is behaviour. What is behaviour modification. What is behaviour assessment.	PG	8
			<b>Unit 2:</b> Classical conditioning theory, basic principles, cognitive perspective and applications. Operant conditioning theory, basic principles, punishment, negative reinforcement, schedules of reinforcement, cognitive perspective and applications.	PG	14
			<b>Unit 3 : Techniques-</b> Token Economy, Contingencies, Shaping, Premack Principle.	PG	14
			<b>Unit 4: Applications-</b> School, Family, Work. Behavioural principles and procedures-a) Getting a behaviour to occur more often with positive reinforcement, b.) Developing and maintaining behaviour with conditioned reinforcement, c.) Decreasing a behaviour with extinction. Planning, applying and evaluating.	PG	14

**LESSON PLAN FOR PART III (2016 SYLLABUS)**

Year	Paper	Unit	Topic	No. of lectures	Session
3 <sup>rd</sup> year Hons 2016 syllabus	5	Module 3.2	3. Theories of personality – (a) Psychodynamic – Freud (b) trait theory - Cattell	10	post-Puja to Test examination)
			Nature and scope of health psychology – bio-psycho-social model of health psychology.	3	
			5. Counselling: meaning, purpose and steps.	5	
	6	Module 3.3	Determination of ethnic prejudice by a suitable method.	20	July to Pre-Puja
		Module 3.4	3. Construction of attitude questionnaire to determine attitude towards any one of the following social institutions or ideas by Likert's Scale and Thurstone's Scale Institution  a. Marriage, b. Religion, c. Family, d. Institutionalisation of the Elderly,  e. Reservation, f. Capital Punishment, g. Euthanasia, h. Globalisation	40	post-Puja to Test examination)
	7	Module 3.6	3) Signs, Symptoms and Etiology of Anxiety disorder – Generalized anxiety disorder	04	July to Pre-Puja
3) Signs, Symptoms and Etiology of Anxiety disorder –phobia			04		

			3) Signs, Symptoms and Etiology of Anxiety disorder obsessive compulsive disorder.	04	
			6) Signs, Symptoms and Etiology of Schizophrenia	05	
<b>8</b>	<b>Module 3.7</b>		Measuring intelligence by (i) Koh's block design test	08	<b>July to Pre-Puja</b>
			Measuring intelligence by (i) Koh's block design test	08	
			Measuring intelligence of an adult individual using Terman Merrill Adult IntelligenceScale	20	

Sankalita Mukherjee

Subject: psychology Honours

LESSON PLAN 2019-2020 (For Sem III, Sem IV, Part III)

LESSON PLAN FOR SEM III and SEM IV

Semester and Year	Programme	Course and the Name of Paper	Topic	Teacher	No. of hours
Sem III (2 <sup>ND</sup> Year)	Hons	CC5 (Theory)	<b>Unit 1: Understanding Psyche:</b> A universal quest for understanding Consciousness. Indian Perspective: Yoga and Vedant: Western Perspective. Emergence of modern psychology: Questions from Western view; Debates : Free Will and Determinism, Empiricism and Rationality	SM	14
			<b>Unit 2: Positivist Orientation:</b> Developments in Behaviourism (Watson)	SM	4
			<b>Unit 3: Analytic Debates:</b> Clinical Vs Phenomenological, Psychoanalysis; Carl Jung Developments in Psychoanalysis: The shift towards social and cultural;	SM	4
		CC5 (Practical)	1. Word Association Test- Word Association Test- by Dr. Girindra Sekhar Bose	SM	4
		CC 6 (Theory)	<b>Unit 4: Psychological testing:</b> Characteristics of a test – standardization, reliability, validity, norms, applications & issues	SM	12
		CC7 (Theory)	<b>Unit 1: Understanding Psyche:</b> Nature and scope of social psychology; Overview of the history of social psychology (including development in India); Relationship with sociology and anthropology	SM	12
			<b>Unit 2: Understanding and evaluating the social world:</b> Social cognition, Social perception, Attitudes, Attitude-behaviour link; Strategies for attitude change	SM	12
			<b>Unit 3: Social interaction and Influence:</b> Interpersonal attraction, Pro-Social Behaviour, Aggression, Social Influence	SM	12

Semester and Year	Programme	Course and the Name of Paper	Topic	Teacher	No. of hours
<b>Sem IV</b> (2 <sup>ND</sup> Year)	Hons.	CC-8 (Theory)	<b>Unit 1: Understanding Abnormality:</b> Issues in defining Normality and Abnormality; Issues in diagnosis and classification; Nature of Clinical Assessment	SM	10
		CC 8 (Theory)	<b>Unit 3 :</b> a) Clinical Picture and etiology- Mood disorders b) Clinical Picture- Eating disorders	SM	12
		CC 8 (Theory)	<b>Unit 4 :</b> b). Clinical Picture- Personality Disorder: Anti Social Personality Disorder c). Clinical Picture- Disorders of Development : Mental Retardation, ADHD	SM	10
		CC-8 (Practical)	1. Anxiety State Trait Anxiety Inventory: Spielberger, C.D., Gorsuch, R.L., &Lushene, R.G. (1970). STAI Manual; Palo Alto. Consulting Psychologists Press.	SM	4
		CC-10 (Theory)	<b>Unit 1: Introduction:</b> Nature of applied Social Psychology, Social influences on behaviour, Methodological approaches – Participatory Action and Learning research techniques.	SM	10
		CC 10 (Theory)	<b>Unit 2: Applying Social Psychology-I:</b> Environment, diversity.	SM	14
		CC 10 (Theory)	<b>Unit 3: Applying Social Psychology-II:</b> work, health, legal system.	SM	14

**FOR PART III (2016 SYLLABUS) → GIVEN BEFORE**

