

LESSON PLAN

Department Name: PSYCHOLOGY

Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG)

Paper Name & Code: PSYCHOLOGY MAJOR - BASIC PSYCHOLOGICAL PROCESSES

Planned					
Unit / Group / Module / Article	Topics	Reference Books	No of Lecture Planned	Content Delivery Technique	Remarks / Comments
Semester II					
Unit I	Perceptual Process II a)Nature of Perception, relation of Attention and Perception, Form, Space, Movement, Time Perception and Optical Illusion	Psychology By Baron,	7	PPT presentation and Chalk and Talk Lecture Method	SM
	b)Perceptual Organization , Concept of Figure and Ground	The Psychology of Perception by Dember and Warm	3		SM
	c)Historical Background of Information Processing, theories of Information Processing		5		DD
Unit II	a)Learning Processes : Nature and Factors of Learning, Theories, Trial and Error, Conditioning classical and operant, insight, transfer of training	Introduction to Psychology by Atkinson and Hilguard	8	PPT presentation and Chalk and Talk Lecture Method	PG
	b)Memory and Forgetting : Nature of Encoding, Storage and Retrieval, STM, LTM , Types of Memory : Nature and Theories of Forgetting : Trace- Decay, Interference, Motivated Forgetting: Curve of Forgetting		7		DD
Unit III	a)Intelligence: Definition, Nature, Classification, (categories of theories), Factor Theories of Intelligence, Spearman and Thurstone	Cognitive Psychology By Galotti	5	PPT presentation and Chalk and Talk Lecture Method	PG
	b)Emotion: nature, basic emotions, theories- bodily theories (Peripheral-James – Lange, Central Canon-Bard		5		SM

Subject Name/Code: PSYA

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Unit / Group / Module / Article	Topics	Reference Books	No of Lecture Planned	Content Delivery Technique	Remarks / Comments
	Cognitive Theory: Schachter Singer Theory c)Motivation : Definition, types- biological and social, theories, concept of drive,incentive, Maslow's need hierarchy theory and McClelland's theory	Psychology:South Asian Edition By Ciccarelli and Meyer	5	PPT presentation and Chalk and Talk Lecture Method	DD
Practicum	1.Retroactive and Proactive Inhibition 2.a.Perceptual Reversibility b.Time Perception 3.Standard Progressive Matrices		10		PG SM DD DD

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Department Name: PSYCHOLOGY

Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG)

Paper Name & Code: Skill Enhancement Course (SEC) EMOTIONAL INTELLIGENCE

Unit / Group / Module / Article	Topics	Reference Books	No of Lecture Planned	Content Delivery Technique	Remarks / Comments
Unit I	Introduction : Emotional Intelligence, Models of Emotional Intelligence, EQ Competencies,	Emotional Intelligence By Goleman	5	PPT presentation and Chalk and Talk Lecture Method	SM
	Self-awareness, Self Regulation, Motivation, Empathy and		5		
	Interpersonal Skills, Importance of Emotional Intelligence		5		
Unit II	Knowing One,s and Others' Emotional Levels of Emotional	Emotional Intelligence By Goleman	5	PPT presentation and Chalk and Talk Lecture Method	DD
	Awareness:Recognizing Emotions in Oneself; The Universality of Emotional		5		
	Expression, Perceiving emotions accurately in others		5		
Unit III	Managing Emotions:	Working with Emotional Intelligence By Goleman	5	PPT presentation and Chalk and Talk Lecture Method	PG
	The Relationship between Emotions, Thought and behavior,		5		
	Techniques to manage Emotions		5		

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Paper Name & Code: Skill Enhancement Course (SEC) EMOTIONAL INTELLIGENCE

Practicum	Assessment of Emotional Intelligence Assessment of Empathy By Hogan		30 hrs.		DD, SM, PG

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Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG)

Paper Name & Code: PSYD INTER DISCIPLINARY COURSE (IDC) HUMAN RESOURCE MANAGEMENT

Unit / Group / Module / Article	Topics	Reference Books	No of Lecture Planned	Content Delivery Technique	Remarks/ Comment
Unit I	a)Introduction to Human Resource Management, HRM and HRD, Context and Issues in HRM	Industrial/Organizational Psychology By Aamodt	8	Slide Presentation and chalk and talk method	DD
	b)Human Resource Practices: Job Analysis: Recruitment and Selection		7		PG
Unit II	International Human Resource Management (IHRM) , The Context of Globalization, Role of Culture in IHRM, Dimensions of Culture Difference (Hofsteade)	Human Resource Management by V.S.P. Rao	15	Slide Presentation and chalk and talk method	SM
Practicum	Administration of Organizational Role Stress Scale		25	Laboratory	DD

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LESSONPLAN

DepartmentName:PSYCHOLOGY

Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG)

Paper Name& Code: Basics of Social and Industrial Psychology

Planned					
Unit / Group / Module/Article	Topics	Reference Books	Noof Lecture Planned	ContentDelivery Technique	Remarks/ Comments
Semester IV					
Unit I	Introduction, Nature, Scope and Method	Krech, D. & Crutchfield, R. S. Theory and Problems of Social Psychology. McGraw Hill. Kuppuswamy. An Introduction to Social Psychology. Media Promoters and Publishers Pvt Ltd.	8	PPTpresentationandChalk and Talk Lecture Method	SM
Unit II	Group : Nature. Influence of Group on Individual Behaviour, Crowd and Mob Behaviour. Leadership: Social Issues, Public Opinion and Propaganda.	Krech, D. & Crutchfield, R. S. Theory and Problems of Social Psychology. McGraw Hill	10 5	PPTpresentationandChalk and Talk Lecture Method	DD SM

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Paper Name& Code: Basics of Social and Industrial Psychology

Unit III	a) Industrial and Organisational Psychology: Concept of Industrial Psychology and Organisational Behaviour : Introduction, Aim, Scope and Methods.	Krech, D. & Crutchfield, R. S. Theory and Problems of Social Psychology. McGraw Hill	6	PPTpresentationandChalk and Talk Lecture Method	PG
	B)Work and Environment : Illumination, BVentilation, Temparature, Noise. Accidents in Industry :Causes and Prevention. Organizational Commitment.	Franzoi, S.L. (2009). <i>Social Psychology</i> (5th Ed.). New York: McGraw-Hill. Hogg,M.&Vaughan, G.M.(2008). <i>Social Psychology</i> .Prentice Hall.	9		DD

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Paper Name& Code: Basics of Social and Industrial Psychology

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks/ Comments
Practicum	To Determine The Effect of Group On Individual	Krech, D. & Crutchfield, R. S. Theory and Problems of Social Psychology. McGraw Hill	10	PPTpresentationandChalk and Talk Lecture Method	DD
	Administration of Deo Mohan Achievement Motivation		10		SM

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LESSONPLAN

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Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG)

Paper Name& Code: Advanced Social Psychology

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks / Comments
Practicum	On Group Cohesiveness by Sociogram Method	Krech, D. & Crutchfield, R. S. Theory and Problems of Social Psychology. McGraw Hill.	15	PPTpresentationandChalk and Talk Lecture Method	DD
	On Impression Formation		15		PG

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Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG) Paper

Name& Code: Research Methodology I

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks/ Comment
UnitI	Sampling. Normal probability curve: Properties and applications. Standard scores.	Das, D. & Das, A. (Latest edition). Statistics in Biology and Psychology. Academic Publishers, Calcutta.	12	SlidePresentationand chalkandtalk method	PG
UnitII	Introduction to correlation: Meaning of bivariate distribution; product moment, rankdifference, Biserial, point biserial, tetrachoric, phi coefficient, contingency coefficient – Computation and use.	Das, D. & Das, A. (Latest edition). Statistics in Biology and Psychology. Academic Publishers, Calcutta.	15	SlidePresentationand chalkandtalk method	DD

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Name& Code: Research Methodology I

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks / Comments
Practicum	1.On Correlation - Product Moment, Rank Difference, Biserial, Point Biserial, Tetrachoric, Phi Coefficient, Contingency Coefficient 2. On Chi Square and t test	Das, D. & Das, A. (Latest edition). Statistics in Biology and Psychology. Academic Publishers,Calcutta.	10 5	PPTpresentationandChalk and Talk Lecture Method	DD

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Name& Code: Research Methodology I

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks / Comments
Unit I	Research Problem and hypothesis: Characteristics of problems definitions, sources and criteria of good hypothesis, hypothesis and theory.	Singh,A.K.(1988). Tests, Measurements and Research Methods In Behavioural Sciences. Tata McGraw Hill, New Delhi.	15	PPTpresentationandChalk and Talk Lecture Method	SM
Unit II	Experimental method and field study. Design of experiments- i) controlling subject, situation and sequence related variable, ii) single group and separate group designs iii) quasi experimental design and time series.	Kerlinger, F.N.& Lee, H.B.(1999). Foundations of Behavioural Research. Wadsworth	15	PPTpresentationandChalk and Talk Lecture Method	DD
UnitIII	Development and Standardisation of Psychological Test: Concept of Item Analysis; Reliability; Validity and Norms; theoretical understanding of computation of reliability and validity.	Kothari, C.R. (1990). Research Methodology Methods and Techniques. WishwaPrakashan Calcutta, Second edition.	5 10	PPTpresentationandChalk and Talk Lecture Method	SM SM

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Name& Code: Research Methodology I

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks / Comments
Practicum	1.Attitude Scale Construction by Likert's Method 2. Computation of Reliability	Singh,A.K.(19 88). Tests, Measurements and Research Methods In Behavioural Sciences. Tata McGraw Hill, New Delhi.	10 5	PPTpresentationandChalk and Talk Lecture Method	DD

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Department Name: PSYCHOLOGY

Name of Faculty: DD , SM, PG

Paper Name & Code: CC 13 Organizational Behavior

Planned					
Unit/Group/Module/ Article	Topics	Reference Books	No of Lectures Planned	Content/Delivery Technique	Comments/ Remarks
1. Historical Antecedents of OB (DD)	Scientific Management and Human Relations Movement, Contemporary Trends and Challenges, OB: Challenges in Indian Setting	Luthans, F. (2009). <i>Organizational behavior</i> . New Delhi: McGraw Hill.	12	Chalk and Talk, Assignments	
2. Individual Level Processes (DD+PG)	Employee Attitude: Job Satisfaction, Organizational Commitment, Organizational Citizenship behavior, Work Motivation: Early Theories: Maslow, McClelland, Two Factor Theories, Contemporary Theories and Applications: Goal Setting and MBO, Equity	Pareek, U. (2010). <i>Understanding organizational behaviour</i> . Oxford: Oxford University Press.	14		
3. Dynamics of Organizational Behaviour (PG)	Dynamics of OB: Organizational Culture, Positive Organizational Behaviour: Optimism	Schultz, D.P. & Schultz S.E.: <i>Psychology and Work Today: an Introduction to Industrial and Organizational Psychology</i> , Prentice Hall.	12		
4. Leadership (SM)	Leadership: Basic Approaches, Trait, Behavioural and Contingency Theories, Challenges to Leadership Construct: Indian Perspectives on Leadership		12		

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Department Name: **PSYCHOLOGY**

Name of Faculty: **DD, SM, PG**

Paper Name & Code: **CC 13 Organizational Behavior**

Planned					
Unit/Group/Module/Article	Topics	Reference Books	No of Lectures Planned	Content/Delivery Technique	Comments/Remarks
Practicum (SM)	Extrinsic-Intrinsic Motivation: Achievement Motivation Questionnaire	Tests, Measurements And Research In Behavioural Sciences - by A K Singh	4	Laboratory Assignments	

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Name of Faculty: DD, SM, PG

Paper Name & Code: CC14 Counselling Psychology

Planned					
Unit/Group/Module/Article	Topics	Reference Books	No of Lectures Planned	Content/Delivery Technique	Comments/Remarks
Unit 1 Introduction (DD)	Nature and Goals Counselling as a Profession: Professional Ethics The Effective Counsellor: Personality Characteristics	Schultz, D.P. & Schultz S.E.: Psychology and Work Today: an Introduction to Industrial and Organizational Psychology, Prentice Hall. Luthans, F. (2009). <i>Organizational behavior</i> . New Delhi: McGraw Hill. Pareek, U. (2010). <i>Understanding organizational behaviour</i> . Oxford: Oxford University Press.	12	Chalk and Talk, Assignments	
Unit II : Counselling Processes (DD)	Counselling Process: Building Counselling Relationship; Working in a Counselling Relationship; Ending the counseling relationship		14		
Unit III Techniques of Counselling (PG)	Psychoanalytic Technique, Behavioural, Cognitive, Humanistic and Indian Technique : Yoga		12		
Unit IV: Applications of Techniques (SM)	Family Counselling, Career Counselling, Crisis Intervention : Suicide and Sexual Abuse		12		

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Name of Faculty: **DD, SM, PG**

Paper Name & Code: **CC14 Counselling Psychology**

Planned					
Unit/Group/Module/Article	Topics	Reference Books	No of Lectures Planned	Content/Delivery Technique	Comments/Remarks
Practicum (DD)	On Interest: Guilford-Zimmerman Interest Inventory (GZII) By Guilford, J.S., & Zimmerman W. S., (1963, 1989 Copyright).	Tests, Measurements And Research In Behavioural Sciences - by A K Singh	4	Laboratory Assignments	

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Department Name: PSYCHOLOGY

Name of Faculty: DD, SM, PG

Paper Name & Code: DSE A 2 Human Resource Management

Planned					
Unit/Group/Module/Article	Topics	Reference Books	No of Lectures Planned	Content/Delivery Technique	Comments/Remarks
Unit 1. Introduction to Human Resource Management (DD)	HR M and HRD Context and Issues in HRM	Aamodt, M.G. (2001) <i>Industrial/ Organizational Psychology</i> . Thompson Wadsworth, a division of Thompson learning Inc. Bhatnagar, J. & Budhwar, J.(2009). <i>The changing face of people management in India</i> . London: Routledge. Chadha, N.K. (2005) <i>Human Resource Management-Issues, case studies and experiential exercises</i> . (3rd ed.) New Delhi: Sai Printographers.	10	Chalk and Talk, Assignments Laboratory Assignments	
Unit 2 : Human Resource Practices (DD & PG)	Job Analysis, Recruitment and Selection, Training, Performance Evaluation		14		
Unit 3 : International Human Resource Management (SM)	The Context of Globalization, Role of Culture in IHRM		16		
Unit 4: Organizational Change and Development (PG)	Organizational Change: Concept Models (One Model), Techniques (One for individual and one for Group), Organizational Development: Concepts, Models, techniques (One for individual and one for Group).		10		
Practicum: Organizational Role (DD)	Organizational Role Stress (ORS)		4	Laboratory Assignments	

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Department Name: PSYCHOLOGY

Name of Faculty: DD, SM, PG

Paper Name & Code: DSE B 2 Community Psychology

Planned					
Unit/Group/Module/Article	Topics	Reference Books	No of Lectures Planned	Content/Delivery Technique	Comments/Remarks
Unit 1 Introduction (PG)	Definition of Community Psychology, Types of Communities, Models of Ecological Level of Analysis	Kloos B. Hill, J Thomas, Wandersman A, Elias M.J. & Dalton J.H. (2012). Community Psychology: Linking Individuals and Communities, Wadsworth Cengage Learning. Community Psychology: Theories and Applications By Sibnath Deb, Aleena Maria Sunny , Nilanjana Sanyal; Published by Sage, 2020.	12	Chalk and Talk, Assignments	
Unit 2 Core Values (SM)	Individual and Family Wellness, Sense of Community, Respect for Human Diversity, Social Justice, Empowerment and Citizen Participation		14		
Unit 3 Health Promotion (DD)	Process of community organization for health promotion, importance. Old age in Indian Context		12		
Unit 4 Interventions (DD)	Community development and empowerment; case studies in Indian context.		12		
Practicum Family Environment (PG)	Bhatia, H., & Chaddha, N.K. (1993). Manual for Family Environment Scale. Ankur Psychological Agency. Lucknow		4	Laboratory Assignments	