

LESSON PLAN 2018-2019 (for SEM-1, SEM-II, PART-II & PART-III)

NAME OF TEACHER- DR. PHOOLJANI GHOSH

DEPARTMENT-PSYCHOLOGY

DESIGNATION- STATE AIDED COLLEGE TEACHER (SACT- CATEGORY 1)

LESSON PLAN FOR SEM-1 AND SEM-II (1ST YEAR)

Semester	Programme	Course and the Name of Paper	Topic	Teacher	No. Of hours
SEM-I 1st year	Hons	CC – 1 (Theory)	Unit 3: Learning and Motivation: Classical conditioning, Operant conditioning, and Observational learning; Cognitive influences on learning;	PG	8
			Unit 4: Memory: Models of memory: Levels of processing, Reconstructive nature of memory; Forgetting; Improving memory.	PG	6
		CC-1 (Practical)	Memory- b) Effect of retroactive inhibition on the memorization capacity of the subject	PG	4
		CC–2 (Theory)	Unit 3: Standard (z) Scores: Standard Scores; Properties of z-scores; Transforming raw scores into z-scores, Determining a raw score from a z-score, Some Common Standard Scores, Comparison of z-scores and Percentile Ranks.	PG	6
			The Normal Probability Distribution: Nature and Properties of the Normal Probability Distribution; Standard Scores and the Normal Curve; The Normal Curve as a Model for Sampling Distributions; Divergence from Normality (Skewness and Kurtosis).	PG	8
			Random Sampling and Sampling Distributions: Random Sampling; Using a Table of Random Numbers; The Random Sampling Distribution of the Mean: An Introduction; Characteristics of the Random Sampling Distribution of the Mean;	PG	4
		CC2 (Practical)	2. On computation of Variability measures	PG	2

Semester	Programme	Course and the Name of Paper	Topic	Teacher	No. Of hours
Sem-II 1st year	Hons	CC – 3 (Theory)	Unit 4: Neuroendocrine system: Structure, functions and abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary	PG	14
		CC-4 (Theory)	Personality: Nature of personality; Biopsychosocial foundations of personality; Culture, gender and personality; Perspectives on personality: Psychodynamic (Freud), humanistic (Maslow) and social (Bandura).	PG	10
			Unit 2: Intelligence: Concept of intelligence: Psychometric and cognitive approaches to intelligence; Gardner’s multiple intelligences; Emotional Intelligence, Heredity, environment and intelligence; Group differences in intelligence; Extremes of intelligence.	PG	14
			Unit 3: Indian approach: Concept of Triguna from Sankhya perspective.	PG	2
		CC4 (Practical)	A) Terman , L. M. & Merrill, M.A. (1937). Measuring Intelligence. Boston, MA: Houghton Mifflin	PG	4

FOR PART II (2016 SYLLABUS) → MENTIONED IN LESSON PLAN 2017-2018

LESSON PLAN FOR PART III (2016 SYLLABUS)

Year	Paper	Unit	Topic	No. of lectures	Session
3rd year Hons 2016 syllabus	5	Module 3.2	3. Theories of personality – (a) Psychodynamic – Freud (b) trait theory - Cattell	10	post-Puja to Test examination)
			Nature and scope of health psychology – bio-psycho-social model of health psychology.	3	
			5. Counselling: meaning, purpose and steps.	5	
	6	Module 3.3	Determination of ethnic prejudice by a suitable method.	20	July to Pre-Puja
		Module 3.4	3. Construction of attitude questionnaire to determine attitude towards any one of the following social institutions or ideas by Likert's Scale and Thurstone's Scale Institution a. Marriage, b. Religion, c. Family, d. Institutionalisation of the Elderly, e. Reservation, f. Capital Punishment, g. Euthanasia, h. Globalisation	40	post-Puja to Test examination)
	7	Module 3.6	3) Signs, Symptoms and Etiology of Anxiety disorder – Generalized anxiety disorder	04	July to Pre-Puja
3) Signs, Symptoms and Etiology of Anxiety disorder –phobia			04		

			3) Signs, Symptoms and Etiology of Anxiety disorder obsessive compulsive disorder.	04	
			6) Signs, Symptoms and Etiology of Schizophrenia	05	
8	Module 3.7		Measuring intelligence by (i) Koh's block design test	08	July to Pre-Puja
			Measuring intelligence by (i) Koh's block design test	08	
			Measuring intelligence of an adult individual using Terman Merill Adult Intelligence Scale	20	

Sankalita Mukherjee

Subject: Psychology Honours

LESSON PLAN 2018-2019 (For SEM 1, SEM II , Part II and Part III)

LESSON PLAN FOR SEM I and SEM II (1st Year)

Semester And Year	Programme	Course and the Name of Paper	Topic	Teacher	No. of hours
Sem I (1ST Year)	Hons.	CC – 1 (Theory)	Unit 1:Introduction: What is psychology? Perspectives on behavior; Methods of psychology; Subfields of psychology; Psychology in modern India	SM	8
			Unit 2:Perception: Perceptual organization, Perceptual sets, Perceptual constancies, Depth perception, Illusions.	SM	7
		CC 1 (PR)	Perception- To determine the rate of perceptual reversibility of the subject by using Human Profile/Flower Vase Card	SM	4
		CC–2 (Theory)	Unit 1: Introduction: Psychological Research; Relevance of Statistics; Descriptive and Inferential Statistics; Variables and Constants; Scales of Measurement.	SM	2
			Frequency Distributions, Percentiles, and Percentile Ranks.	SM	4
			Graphical Representation of Data: Histogram, Frequency Polygon, Bar Diagram, Pie Chart; The Cumulative Frequency Graph, (Skewness and Kurtosis).	SM	4
			Random Sampling and Sampling Distributions: Random Sampling; Using a Table of Random Numbers; Random Sampling With and Without Replacement.	SM	2
CC2 (Practical)	1.On Graphical representations (Frequency Polygon, Histogram, Pie Chart, Smoothed Curve, Ogive)	SM	4		

Semester and Year	Programme	Course and the Name of Paper	Topic	Teacher	No. of hours
Sem II (1st Year)	Hons.	CC3 (Theory)	Unit 3: Organization of Nervous system: CNS & PNS: Structure and functions. Functional abnormalities of neurotransmitters: dopamine and serotonin hypothesis	SM	14
		CC3 (Practical)	On Reaction Time – Simple, Choice and Discriminative Reaction Time (Emphasis on Physiological Explanation)	SM	4
		CC 4 (Theory)	Unit 3: Indian approach: Self and Identity from Indian Perspective: Nyaya, Vedanta views of Self.	SM	8
			Unit 4: Enhancing individual’s potential: Self-determination theory; Enhancing cognitive potential, Self-regulation and self enhancement; Fostering creativity.	SM	16

FOR PART II (2016 SYLLABUS) → MENTIONED IN LESSON PLAN 2017-2018

LESSON PLAN FOR PART III (2016 SYLLABUS)

YEAR	PAPER	UNIT	TOPICS	NO OF LECTURES	SESSIONS
III rd Year	V	3.1	2. Social Psychology, Social Cognition-Schema, Impression Formation and Attribution	5+5+5+5	July to Pre Puja
			3. Attitude, Definition and Formation, Theories of Attitude, Measurement and Change of Attitude.	4+4+3	
			4.Group Psychology, Definition and Classification of Group,4Structure and Function	5+5+4+4	
	VI	3.4	1.Determination of effect of Set on Simple Reaction Time by Variation of A) Instruction B) Fore Period.	14	
	VIII	3.8	1.Personality Testing 16PF	5	
2.Determination of Level of Anxiety Using Any Suitable Test (Indian Adaptation)			5		
VI	3.2	1.Stress and Health- Nature, types, causes and consequences of Stress. 2.Stress Management, Stress Disorders. Health Promoting and Health Damaging Lifestyles	5 8	Post Puja to Test Examination	
V	3.1	4.Conformity and Compliance. 5.Stereotype, Prejudice and Discrimination Cocepts, Origins, Measurement. 6.Reduction of Prejudice. Gender Typing, Stereotype and Discrimination	5 5+5 3		

	VI	3.4	2.Determination of Complex Reaction Time A) Discriminative and B) Choice Reaction Time.	15	
	V	3.2	4.Concept of Adjustment-Mental Health, Mental Hygiene, Criteria and Factors of Adjustment.Frustration and Conflict	5+3	
	VII		1.Normality and Abnormality, Psycho physiological disorders, Signs Symptoms and Etiology of Mood Disorders	5	
		3.6	2..Signs, Symptoms and Etiology of Disorder- d) Dissociative Disorder e) Major Depressive Disorder. f) Bipolar Disorder	10	
	VIII		1.Personality Testing 16PF	5	
		3.8	2.Determination of Level of Anxiety Using Any Suitable Test (Indian Adaptation)	5	

